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Being a Woman - A LIMITLESS EXPERIENCE

A Timeless Journey to one's Deeper Knowing

The journey of a woman is magnificent as it encompasses myriad experiences of life. Yet many a time, she travels the predefined path of notions, roles, expectations, ideologies, 'best' practices and morals. She fails to experience her true self. The world around her has demands and expectations of her, and in those complexities she loses her true identity. Her expression gets curbed and brings stagnation in her experiences. It stops her from exploring all those possibilities that have been bestowed upon her. This brings incomplete experiences, leading to a numbed relationship with herself.

Life feels true when a woman allows herself to express and experience who she truly is - be it in her creativity, care, love or sexuality. Everything about her seeks expression. The experience feels infinite when nothing pre-defined stops her from expressing her spontaneous moments. Life feels exhilarating when experiences create a new path every time she flows. When she feels the freedom to be whoever she is, it gives her an experience which is limitless.

To celebrate Woman in her truest expression, Aashwasan hosted an event, Spirit-U-All - Being a Woman - A Limitless Experience on March 20th. A timeless experience, a hopeful assurance and an inward view of one's true being - such was the journey of this special

evening. As part of the celebration of International Woman's month, Aashwasan offered a special journey as a gift to all who connected to life and its colours of experience. This event, an offering from the Woman Empowerment Initiative of Aashwasan Foundation was offered not only to women, but also was opened to men who wanted to make their woman feel special, and wished to discover the experience of their woman.

Facilitating the event, Rashmi Aiyappa, the spiritual scientist and the source behind Aashwasan Science™, took people through an intense journey of self-inquiry and introspection. She offered an unconditional and unbound space for people to open their hearts, express their inner quest and seek answers to the most relevant questions of their life. As the session went ahead, people shared with complete freedom of thought and experience. One person's question became another person's introspection. Someone's dilemma led to the opening of a totally new perspective of life's journey and profound interactions ensued which became eye openers. The journey went deeper as a serene elemental zone was created for a healing to be offered to people to connect to their silent self and listen to what they truly experienced within. Everybody present in that moment were taken through a gentle reminiscence of a journey lived till then and were



in her. She has always lived a life true to her creation, fulfilling her purpose with every life she encounters. Her creation, Aashwasan offers her discoveries and inventions to transform lives. Having founded it with a vision to lead people to their infinite self, Rashmi Aiyappa brings forth Aashwasan Science™ that offers a revolutionary approach to solve issues that humanity is facing in the world today. Designed to address the root cause of every issue, situation and condition, Aashwasan Science™ employs energy based tools and techniques that connects individuals to their innate potential and unleashes their self-healing mechanism to restore them to their natural format.

guided to allow their true Self to open the door to a deep awareness of their inner most feelings. Varied experiences were shared after the session - "I have never experienced such a moment before. I feel transformed". "I felt heaven within." "My backache has vanished. I feel deep bliss." The experience became a medium for men and women to connect to the deepest chord of their being that knows no limits or limitations of conditions or conditioning of life. It became a way for people to feel the freedom to be who they are at that moment. The evening found its culmination with participants interacting with Rashmi Aiyappa one-on-one, as they held that moment with deep gratitude of being there in that purposeful moment.

An inventor, social innovator, entrepreneur and inspiration behind the Women Empowerment Initiative of Aashwasan, Ms. Rashmi Aiyappa stands as an example of an empowered woman who lives fearlessly with her truth at all times, carrying the torch of Hope to bring the revolution of Love through a unique science that evolved

Aashwasan Foundation offers the services of Aashwasan Science™ to the underprivileged to bring about holistic transformation in their lives. It is a Wholly Charitable Trust registered u/s 12A (a) No. DIT(E)BLR/80G(R)/355/AAABTA8249C/ ITO(E)-1/ Vol 2008 - 2009 and recognized u/s 80G (5) (vi) of the Income Tax Act, 1961. Aashwasan Foundation is also registered under FCRA (Foreign Contributions Regulatory Act) and is eligible to receive overseas donations.



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