



Corrections to Connections

A parents' workshop by Aashwasan

Parenting is undoubtedly one of the most challenging and stressful jobs of our life. It is also the most rewarding and important one, influencing the wellbeing and the conscience of the next generation

We often wish our children came with an instruction manual, a “how-to” book to raise our children the “right” way

Disciplinary tactics don't seem to work, they often make things worse causing frustration, creating conflict and disconnect in families. We fail to understand why children don't listen to us. What is that we have done “wrong”? What works and what doesn't and why? With so much advice thrown at us from other parents, elders, schools and media how do we know the right way?

And is there really a “right” way?

“Corrections to Connections” is a workshop created by Aashwasan to demystify the ups and downs of parenting, to support and equip parents to connect deeply and communicate seamlessly with their child in all situations

As you understand and connect with yourself, you can better connect with your child

The workshop will explore ways to

RELIEVE

Relieve the pressure and anxiety of both

CONNECT

Tune into your child, even during conflict

REDEFINE

Happiness and success for parents and children

LET GO

Control and be open to joy, curiosity and spontaneity

GROW

Evolve as individuals on your own journey

Join us on a journey that will clarify your deepest concerns and show you the way to a calmer, creative and connected parent in building a wholesome you and a wholesome child

For the last fourteen years, Aashwasan has been deeply involved in the development of hundreds of children and evolution of parents and families. As a Spiritual Science organization, Aashwasan has an inside out approach which goes beyond techniques aimed at fixing a specific behavior in the child, looking instead at the deeper aspects of the parent-child relationship - changing the equation from a “parent Vs. child” to a “parent with child” one

Why do children conspire to make parents' lives endlessly challenging?



Your toddler throws a tantrum in the middle of a store



Preschooler refuses to eat her food



Prefers to be on the mobile instead of playing in the park



Teen refuses to dress appropriately for a family event