



◆ **Ms. Rashmi Aiyappa**
 Founder – Aashwasan. Spiritual
 Scientist, Inventor and Social innovator

Celebrating Possibilities...

Life beyond Autism

his expressive language was in the toddler's range, which mostly was babbles and screams, his social interaction was years behind his peers and his motor skills failed to measure up. His parents had a tough time sending him to school – his sensory issues made it impossible for him to focus and sit still. Benny was a smart kid but non-verbal. Seeking a deep transformational intervention in Benny, his parents brought him to Aashwasan.

As his treatment began at Aashwasan, he showed rapid progress in gross and fine motor abilities. However, his communication still remained a big challenge. He was disconnected from others. He would feel like a kid trapped in a glass box with very little ability to communicate or interact socially. Only his parents could understand him. Slowly but steadily, his restlessness reduced, he could focus better and he became interested in interacting with others. His non-verbal communication improved tremendously and his extended family could understand him as well. As he connected to people, his interest in speech and language increased. His babbles became clearer and turned into real words.

Today, Benny has learnt how to speak a few sweet words and even connect them to form sentences, a major milestone for him. Last year Benny reached another major milestone that his parents had dreamt off, *Benny going to school!* He attends school full time now and is doing well there.

For well over fourteen years, Aashwasan, the Spiritual Science organization has been supporting parents and children in their struggles and challenges with Autism. The unique treatment methodology, rendered using the tools and techniques of Aashwasan Science™ has been creating unprecedented breakthroughs at a body-mind-soul level offering possibilities and filling them with hope.

Autism Spectrum Disorder (ASD) is an umbrella term for a group of developmental disorders that are neurological in origin. It is often associated with symptoms such as social and communication difficulties, self-stimulatory and repetitive behaviors, narrow and overly focused interests. These symptoms result from underlying challenges in a child's ability to perceive the world through his senses, and to use his body and mind to respond to it. When these challenges are significant, they interfere with a child's ability to grow, learn and lead a meaningful life.

Anitha and Mani Prabhu, like all parents expected Benny to make eye contact, wave goodbye to them, start speaking and generally acquire new skills by the time he was two. However, his progress seemed to be very slow. Noticing these symptoms early on, they acted quickly and explored all the required therapies. At that time,



To know more,

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