

# Excellence Fast Forward™

*In the era of rapidly changing times, where focus, creativity, efficiency, pace and performance are of critical relevance, there is no time to stand and stare...it's time to dive in and flow!*

Imagine if we can do a particular task at 100 fold levels of efficiency and speed. What will this do to your life? What if you become healthier and happier as you embark on these pursuits? It would be an absolute freedom to be and joy to live! It is possible to experience our true grandeur as we unveil our breath-taking self.

Human beings are born to excel in all aspects of their life. However, as one travels through life, conditioning, limitations and self-questioning start chipping into this innate compass of achieving excellence. We start feeling our limitations and constraints more not because we have lost the inborn quality of excellence, but because a yawning gap has set in and insufficient experience has degraded the connection with this innate quality. Habits, conditionings, set beliefs, deep rooted fears make us prisoners to life. It feels as if we have to run a marathon with heavy weights tied to our legs. We might think that this impacts our path of excellence and growth only marginally but we cannot be more wrong. The difference can be a magnitude of 10, 100 or even 1000.

To empower and enable one to connect back to their innate quality of excellence, Aashwasan brings an innovative program – Excellence Fast Forward\*\*. The program takes people through an experiential journey of inquiry, introspection, and resolution of the deep-rooted conditioning that stops them from expressing their inner potential, talents and uniqueness and contribute to their fullest capability.

## TO REGISTER

CALL : 9731301014/16

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Fast Forward ►  
**EXCELLENCE**  
Human Excellence - the Humane way

## WHO IS IT FOR?

WORKING PROFESSIONALS | TEAM LEAD |  
SENIOR MANAGERS | ENTREPRENEURS |  
START-UP BUSINESS VISIONARIES | CAREER  
PLANNERS | ...ANYONE WHO WISH TO EXCEL  
IN LIFE

### Participants' Testimonials:

This program gave me invaluable and insightful description on myself and gave me a new perspective of life. Self-awareness is the key to excellence. I am amazed now looking at unlimited possibilities."

"In this competitive journey of life, most of us will be left unfocused with busy schedules and other endeavours. This session enlightens the wisdom to know our strength and guides to get focused towards excellence."

"It's self-realization sessions for me. It's a step by step process to explore ourselves. These sessions proved me this quote. "Life is 10% what happens to you is 90% how you react to it."

"In this busy life we have forgotten to talk to ourselves, love ourselves; we completely ignore ourselves. This is the platform where we get an opportunity to do all these things, know what you are and excel in our life. Life will be beautiful."

\*\*Excellence Fast Forward is a workshop that has been created using the tools and techniques of Aashwasan Science™, invented by Rashmi Aiyappa, whose discoveries bring in-depth understanding of human mechanism, experience and manifestation. It revamps the natural format of human beings, helping them to unlearn and undo the conditioning of life to enable them to experience their true selves.



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