

Jun 12 | Jul 10 | Aug 14

9.30AM EDT | 2.30PM BST | 7PM IST | 9.30PM MYT



Aashwasan offers:

Zero Frequency Sessions

These sessions boost immunity, optimise energy levels, help overcome stress, anxiety, panic, cope with mortal fears, bring out body's self healing potential.

**HOLISTIC SUPPORT FOR
FRONTLINERS!**



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