



## Beyond Time And Space- Towards Nature Preservation

**Aashwasan Science® creates a pathway that brings human life experiences back to their original creation**

*"A space of nature where people uncover the truth behind their life experiences and understand the deeper mechanisms that shape their existence! A space that offers answers beyond religion, philosophy, or belief; it is an experience! Welcome to the space of Aashwasan®."*

### RASHMI AIYAPPA

Founder, Spiritual Scientist,  
Inventor - Aashwasan Science®

Executive Chairperson,  
CEO - Aashwasan Group of Companies

Founder, Managing Trustee  
Aashwasan Foundation

Rashmi Aiyappa is a trailblazer, pioneering visionary, inventor, spiritual scientist, and a revolutionary entrepreneur who pioneered Aashwasan Science®. Aashwasan Science® is a path breaking and 'one of its kind' experiential quantum science that helps humanity unravel its original creation and enable an infinite experience. Born with the experience of Timeless Phenomenon® and Life Force mechanism®, Rashmi Aiyappa discovered the possibility of culminating this into Aashwasan Science®. Based on these inventions, she created over 70 quantum-based tools and techniques that act at the subtle energy level of life forms. To bring this groundbreaking

science to the world, Rashmi Aiyappa founded Aashwasan®, an organization that offers more than 50 pathbreaking services based on these inventions. These services empower individuals, organizations, and institutions to resolve challenges at their root cause level. Aashwasan Science® stands as a breakthrough that bridges the physical and the metaphysical, offering humanity access to its limitless possibilities, not as a belief or philosophy, but as a living experience. This Science is spiritual in origin, scientific in approach, and experiential in nature.

Over the past two decades, Aashwasan Science® has brought about extraordinary and unprecedented breakthroughs across a wide spectrum of health conditions, including cancer, addictions, psychiatric conditions, developmental disorders (like Autism), lifestyle issues, genetic issues, and autoimmune diseases (like Multiple Sclerosis and Rheumatoid Arthritis), among many others. Aashwasan's® landmark

health and well-being services are designed not just for human beings, but for all lifeforms, and spaces. Aashwasan's® exclusively designed services for organisations and institutions have delivered transformative outcomes: reshaping company trajectories, revitalising cultures, and enhancing the well-being and potential of people at every level. Yet the power of Aashwasan Science® goes far beyond disease mitigation and organisational transformation. At its core, Aashwasan Science® ushers in a profound shift in individuals by awakening them to their truest identity and enabling them to discover the full extent of their infinite presence. Through its experiential services, individuals learn to live in deeper harmony with themselves, with their loved ones, with society, and with the environment around them. It brings complete clarity to their inner world and their relationships, allowing them to live with contentment, purpose, and peace. This is the greatest gift Aashwasan offers, the fulfilment of humanity's highest aspiration: to live a life of meaning, contentment, harmony, and true inner freedom. By addressing both the challenges of the body and the deeper longings of the soul, Aashwasan's® services help people experience not just better health, but a fuller, richer, and more harmonious expression of life itself.

Over the last 20 years, Aashwasan® rich offerings has transformed 10,000+ lives, impacted hundreds of organisations globally, and has reached out to Millions of people through its publications, awareness programs, and events.

In recognition of her groundbreaking inventions and transformative contributions to humanity, Rashmi Aiyappa has been honored with numerous accolades of national and global repute. Rashmi Aiyappa was celebrated as an Iconic Leader by the Women Economic Forum and featured among the Top Women CEOs of India in both 2021 and 2022 by Women Entrepreneur Magazine. Her impact as a social

innovator earned her the NGO Excellence Award for Social Consciousness, as well as the Global Peace Leadership and Excellence

Award at the World Peace Conference. Recognized among the "50 Most Impactful Social Innovators" by World CSR for her contributions to global peace, Rashmi Aiyappa's contribution to the society through Aashwasan Foundation was recognized at the NGO EXPO in New York in the year 2017. She was awarded Mahatma Award for three consecutive years—2019, 2020, and 2021. In the year 2023, Forbes India named her one of the Top 100 Tech Entrepreneurs in recognition of her leadership at Epiance Software Pvt. Ltd., a trailblazing software product company. With unwavering dedication, she continues to design tools and techniques that bring nature's regenerative intelligence to every life form.

Today we are proud to present two of Aashwasan's® most transformative offerings. "Nature to Life®," a first of its kind service, provides deep intuitive analysis, which help in designing and building environments that preserve the intelligence of nature. Complementing this is Zero Frequency Rx®, a unique service, which attunes individuals to the frequency of the universe, awakening their inner guidance and unlocking a realm of infinite possibilities.



## “Nature to Life®” - Co-creating spaces with Elements of Nature

Every space has a story of its own. When a space is created in harmony with nature's elements, it becomes a sanctuary. It nurtures health, well-being, and creativity. But when that harmony is lost, the imbalance soon begins to speak. Homes once filled with laughter grow heavy with conflict or restlessness. Workplaces lose their spark, employees feel drained, uninspired, or disconnected. Even physical structures occupying space, no matter how meticulously designed, may face setbacks, financial strain, or a mysterious sense of stagnation.

After the tragic loss of the head of the family to suicide, the household endured 15 years of lingering heaviness. Beyond the emotional pain, they faced recurring nightmares, unexplained health concerns, inexplicable restlessness, and persistent professional and financial stagnation. Despite several ritualistic attempts to bring harmony, the unsettling energy in the home never fully dissipated. Bound by sentimental attachment, the family could not bring themselves to sell the house. Seeking a deeper resolution, they turned to Aashwasan's® Nature-to-Life® service. Through this intervention, the energy of the home was harmonised, bringing a palpable sense of ease and emotional balance to the family. Over time, their health improved, relationships strengthened, and financial stability returned. – Margaret Pestonji, a home maker



Grounded in the knowledge of Aashwasan Science®, Aashwasan® recognises that every space has its own energy blueprint, a unique symphony of nature's elements interacting with an individual's soul and purpose. Instead of building over nature, Aashwasan® guides people to build with it, co-creating spaces that breathe, flow, and evolve in rhythm with life itself. Through its subtle energy techniques, Aashwasan® aligns the elemental energies of nature to create environments that uplift, inspire, and sustain. When this balance is restored, energy moves seamlessly, relationships ease, and creativity blooms. For those envisioning new projects, Aashwasan's® “Nature to Life” process offers a transformative way of building with consciousness. It begins with an energy assessment - understanding how the land exudes an energy system in the universal context. Next, Aashwasan® explores the vision behind the creation, the emotional and spiritual intent of those bringing it to life. Finally, through an Architectural Blueprint Review, the design is refined to ensure it complements, rather than disrupts, the natural energy flow of your space. Aashwasan® also supports and harmonises existing spaces such as apartments, offices and homes through customised and unique subtle energy techniques for energy realignment, rekindling inspiration, and bringing lasting prosperity and rejuvenation.

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– Margaret Pestonji, a home maker

## Zero Frequency Rx® - A journey into the Nothingness within A unique service to connect you to your inner self

No matter how hard we try, we just cannot stop thinking. Our minds hum with endless thoughts - planning, worrying, resolving, and ruminating. Because of this unending mental flux, our natural inner rhythm is disrupted, leaving us feeling perpetually restless, fragmented, and anxious.

Zero Frequency Rx® is a guided journey into the nothingness within us, a deeply experiential space where the mind quietens, thoughts dissolve, and one begins to sense the subtle pulse of life inside of us, beneath the noise. It serves as a doorway to the origin of our creation, where consciousness meets pure potential. It also leads the individuals to experience the glimpse into the infinite universe.

And from this experience, profound clarity emerges, not of the intellect, but of awareness of one's deeper self. As one experiences a connection with oneself, the hopelessness and disconnective emotions can fade away, leaving behind a quiet sense of calm.

Zero Frequency® is the frequency of the soul, hence these sessions give you a glimpse into your unique formless infinite identity.

Participants describe it as an experience beyond words.

“I lost all sense of time. The silence felt alive — I was home within myself.” (Venkat – a software professional)

“I was looking a job for last 10 months. Despite having great interviews, they would all stop at the last step. I found my dream job after this session.” (Raashi Mishra – a product designer)

**The unique takeaways of the program have been:**

- **Reconnect with Your True Self** - Go beyond roles and responsibilities to touch the essence
- **Find Clarity for Life's Crossroads** - In stillness, answers begin to emerge. Find direction



where you feel uncertain, experience answers for your next step, and move from feeling stuck to feeling guided.

- **Shift Your Life's Trajectory** - Experience a shift from being stuck to unstuck, restlessness to calm, and lost to aligned
- **Experience Relief from Inner Burdens** - Experience release from grief, overwhelm, or self-sabotage, and rediscover the lightness of flowing freely with life.

Experience the power of nothingness this November and join us for Zero Frequency Rx®.  
November 29, 2025  
**info@aashwasan.com**  
**+91 85300 39666**

To know more about the services of Aashwasan® or seek support for yourself, your relationships, your pets, your organisation or your spaces, contact us today at  
**+91 8530039666/8530968666/8530972666.**

RASHMI AIYAPPA



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