

MAKING A DIFFERENCE

Transforming lives together!

Aashwasan organization in Kammanahalli is spreading the knowledge of 'lifeforce' mechanism and has transformed thousands of lives till date. They practice a form of science to help people with disabilities which is spiritual in origin, scientific in approach and experiential in nature.



NIVEDITHA JAIN

AASHWASAN is nestled at Grape Garden, Kammanahalli and has been a beam of hope for people who feel like their world has crumbled down and are looking out for guidance and help. "The deep knowledge of human mechanism - its creation and its experience is called Aashwasan Science. It offers breakthrough tools and techniques to empower, enhance and transform individuals, organizations and society for the first time in the world," said Maithili.B, Aashwasan practitioner.

Helping hand

The organization has achieved unprecedented breakthroughs in rehabilitating few addictions (alcoholism, drugs, food, etc.), developmental disabilities and disorders (autism, cerebral palsy, mental retardation, learning disabilities etc.), neurological issues (epilepsy, migraine, neuropathy etc.), degenerative illnesses (muscular dystrophy, parkinson, motor neuron illnesses etc.), genetic conditions (angelmans syndrome, down's syndrome etc.), autoimmune illnesses (multiple sclerosis, arthritis, etc.), non-communicable illnesses (cardiovascular illnesses,

tional institutions, non government organizations, government owned institutions and organizations, hospitals, associations among others have benefitted from the services offered here.

Focus on children

The organization's initiative, Aashwasan Reaches Children (ARC) at HRBR Layout treats the children suffering autism, cerebral palsy, learning disability, dyslexia, etc. There have been many tiny tots whose lives have been transformed after attending the programmes.

Take for instance the case of Vinayak, a child with cerebral palsy who improved by leaps and bounds after undergoing the Aashwasan service. "My son was not able to walk.

Initially we gave him physiotherapy, he slowly started moving. After 3.5 years we have put him to school. One of the major worries in his studies was his lack of concentration. He doesn't have any concentration or any writing skills. He would quarrel and even beat his friends. We got to know about Aashwasan through the school, and we started treatment. He showed improvement after every healing session. His understanding and concentration has improved. There has been a gradual

nism and timeless phenomenon. The various tools and techniques that she has invented are offered to diagnose, treat and empower people to live a life of optimal health, happiness and purpose. Aashwasan science which addresses physiological, psychological, psychosomatic and spiritual issues has brought about a revolutionary transformation in over 6000 individuals all over the world.

Other health projects

Aashwasan also provides rehabilitation program for the women who have undergone trauma and torture through its women empowerment project. The other revolutionary initiatives that the center offers is the heal cancer initiative; heal depression initiative, preventive health initiative, initiative for the victims of abuse, de-addiction and rehabilitation initiative.

Maya, a 50-year-old lady who was suffering from colon cancer, advanced stage had taken one round of chemotherapy before she came to Aashwasan. She had become fine, but after one year, the cancer reappeared. Her main concerns were - fear of death, anxiety of quality of life, decreasing energy levels and disturbed condition of her stomach. Once she started taking these sessions, she felt much calmer and peaceful within. All her fears disappeared and restlessness that would



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